

Past and Present  
The CO/XO Spouses  
*2005 Continuum of Resource Education*  
presents



**“Forget Routine Plans”**  
aka Fleet Response Plan



*Sponsored By:*



# "Forget Routine Plans" aka Fleet Response Plan

Flex and Surge... Fleet Response Plan (FRP)... Development Readiness... whatever you may call it. Are you prepared for the roller coaster ride with planned and unplanned deployments? Come and join us for an evening filled with thought provoking and informative presentations.

## **CAPT Mike Ullrich, USN**

Director, Training Exercise Directorate for Commander Second Fleet  
Followed by a seasoned panel to discuss their experiences with FRP, the process, the misunderstandings, etc. and answer questions.

Date: Thursday, February 24, 2005

Time: 6:00-9:00 P.M.

Cost: \$10.00 (Make checks payable to the Navy League. Registration fee and form must be received no later than February 18, 2005.)

Location: Springhill Suites Norfolk  
Norfolk, Virginia

Directions: <http://marriott.com/property/mapandnearbyairports/drivingdirections.mi?marshaCode=orfnw>

Sponsors: Fleet and Family Support Centers of Hampton Roads and The Navy League of the United States, Hampton Roads Council

Space is limited. Should you need additional information or registration forms for a CO/XO, PCO/PXO spouse who may not have received this invitation, please call (757) 444-2102 or email [rbeauge@ffscnorva.navy.mil](mailto:rbeauge@ffscnorva.navy.mil)

Detach send to: *Fleet and Family Support Center, Norfolk  
CO/XO Spouses CORE Conference  
7928 14<sup>th</sup> Street  
Norfolk, VA 23505-1219*



NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

SPOUSE'S COMMAND: \_\_\_\_\_

TYPE COMMUNITY: ☐ Aviation ☐ Submarine ☐ Surface ☐ Shore ☐ Medical  
☐ Coast Guard ☐ Special Operations ☐ Special Warfare ☐ Other: \_\_\_\_\_

☐ Check box if you do not give permission to use this information for the C.O.R.E. Roster.